

Families with children returning to school in Leicestershire this autumn can access new online information and support.

Leicestershire County Council has published new practical guidance about returning to school on themes such as attendance, hygiene and school transport, as well as information about health, wellbeing and adapting to new routines.

Deborah Taylor, Leicestershire County Council cabinet member for children and families, said: "Many of our children and young people have been out of school for some time now and the new 'norm' will be obviously be different from what they are used to.

"Our families have been incredibly flexible during this pandemic, taking on home schooling and making it work for them, and school staff have done an amazing job looking after vulnerable children and the children of key workers while schools were closed to the rest of pupils. We'd like to thank you all.

"However, now is the time to go back to school and, with that, we realise that people will have lots of questions about what this will look like.

"We have included some practical information about returning to school on our web pages but would like to add that schools are making their individual arrangements about when they are returning and will be contacting parents about this through their usual communication channels.

"We do appreciate that a return after such a long time can be an anxious time for families. For many, attending school on a daily basis again will be a big change in routine, possibly sleep patterns too, and may even spark some social anxiety.

"This is why we have also added information about managing worries and anxiety, keeping fit, creating structured routines and the importance of a healthy diet.

"We hope that the information we are providing will go some way towards allaying concerns."

Practical Information about returning to school in Leicestershire is available here <a href="https://www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/coronavirus-school-closures-and-updates">https://www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/coronavirus-school-closures-and-updates</a>

Hints, tips and resources about managing worries and anxiety keeping fit, structured routines and eating healthily is available at <a href="https://www.leicestershire.gov.uk/school-ready-2020">www.leicestershire.gov.uk/school-ready-2020</a>

Families are being encouraged to consider walking, cycling or scooting to school to keep healthy and help maintain social distancing. More information on sustainable ways to travel to school is available on <a href="https://www.choosehowyoumove.co.uk/covid-19-back-to-school/">www.choosehowyoumove.co.uk/covid-19-back-to-school/</a>