



Elizabeth Woodville Primary School

Striving for Excellence ~~~

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Headteacher: Mr Andrew Pridmore

RE: Nut-Free School

Dear Parents / Carers,

Some pupils attending the school this year have a severe nut allergy. The pupils' anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut-based products. For their safety, all nut-based products have been banned from the school premises.

Please do not send your child into school with any nut-based product for a snack or packed lunch. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and allergies can be so severe that even the slightest contact with nuts could cause a potentially life-threatening reaction.

Thank you in advance for your cooperation with this matter.

Yours sincerely,

Andrew Pridmore
Headteacher

